

June 2021

Lakeside LIVING

BE LAKE SMART

Make smart choices about protecting the lake's water quality.

WHAT'S INSIDE:

Upcoming Event Information
Lake Poinsett Lake-Wide Cleanup
Celebrity Golf & Walleye Classic



A publication for Lake Poinsett & Lake Albert, South Dakota.



Letter from the LPA President

Living, in general, is stressful. It takes a toll on your mind and body, zaps energy and affects our immune system. But communing by a lake and being close to nature releases that tension. Our brain and body change. We relax and our focus shifts away from stress. The fact that this happens is important.

Living at the lake is peaceful and renewing. It is worth any inconveniences we must come across. And there is always something! Nothing is perfect, which is overlooked for the pure joy lake living brings us.

Lake life is beautiful. Just being near the water seems enough. How can it get better than that? But it is! Just listening to the soothing sounds of the lake water can be calming. The repetition of waves either lapping quietly along the shore or the high waves breaking. Moving water is "white noise" and for some of us it's tranquility and sleep producing.

The lake's changing colors from sparkling blue, to gray, to blue green is always a knockout shot to our visual sense. Whether just arriving at the lake cabin or waking in the morning, you must go to view the lake. Sunsets and sunrises: we can never get tired of those. Each one is unique and never quite the same captured in a photo.

The lake experience is an asset we value and must protect for future generations.

- Deb Eisenbeisz

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SUBMISSIONS INFORMATION

Have something to submit? We are happy to hear from you! Deadlines for submissions are due by the third Friday of each month. You may submit your stories to the email listed above under content coordinator. A single payment will be made *IF* a story is published in an LPA newsletter or social media. The LPA reserves the right to publish multiple times at the rate of a single payment.

- \$25 for 500 words or less
- \$50 for 500-1000 words

Individuals submitting on behalf of an organization will not be paid; for example, South Dakota Game Fish & Parks, Lake Poinsett Sanitary District, or Lake Poinsett Water Board.

Have questions?
Visit www.lakepoinsett.org for more information.

IDEAS, PHOTOS, AND FEEDBACK

Editorial/opinion submissions will not be accepted. There are no payments for content ideas or photo submissions.

CONTENT SUBMISSION DEADLINE

June 18, 2021



Find us on
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LAKE POINSETT ASSOCIATION MISSION

Our mission is to preserve the health and beauty of our lake for future generations.

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directors@lakepoinsett.org

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Lake-wide Rummage Sales - June 19th & 20th

Spring clean your homes and cabins and sell those gathered treasures. June is rummage sale season at Lake Poinsett and Lake Albert. The Lake Poinsett Rummage Sales Facebook Group is available to join if you'd like to post items for sale online. ■

Lake Poinsett Lake-Wide Cleanup

Beginning June 21

The Lake Poinsett Sanitary District is pleased to provide the Lake Poinsett lake-wide cleanup beginning June 21st.

All residential property owners that have garbage through the Lake Poinsett Sanitary District (LPSD) are welcome to participate. Items must be placed at the side of the road in front of your residence by 6 a.m. on June 21st. Please do not start placing items out for collection until the third week of June. The LPSD and Brookings Dumpster Service (BDS) reserve the right to decline picking up any piles that do not meet the conditions outlined in this flyer.

ALL ITEMS MUST BE SORTED AND SEPARATED. MIXED PILES WILL NOT BE PICKED UP.

Acceptable Items:

- **WOOD:** needs to be cut into manageable sizes of 4 feet in length, at maximum
- **GLASS:** all items containing glass must have it removed and placed in a separate container
- **FURNITURE:** do not allow these items to become saturated with water. Cover with a tarp if put out before the cleanup date

- **CARPET:** must be cut into manageable sizes
- **APPLIANCES:** stoves, microwaves, water heaters, etc. (exclude items containing Freon)
- **IRON / SCRAP METAL:** must be sorted and in manageable sizes
- **EQUIPMENT:** all fluids and liquids must be drained; oil, gasoline, etc.
- **MISC. MATERIALS:** no contaminants, paint cans cannot contain wet pain
- **GENERAL WEIGHT RESTRICTION RULE:** "If you can't lift it - we can't either"

Unacceptable Items:

Yard waste, household refuse, hazardous waste, waste oil, liquid paint or chemicals, items containing Freon, batteries, branches, tires, concrete

Remodeling and construction materials are not allowed unless prior arrangements are made with Brookings Dumpster Service before the cleanup date. Extra fees apply. ■

Lake Poinsett Sanitary District

(605) 880-4503

lakepoinsettsanitarydistrict@gmail.com

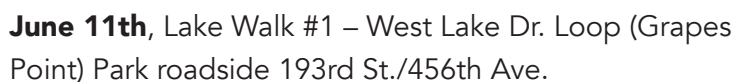
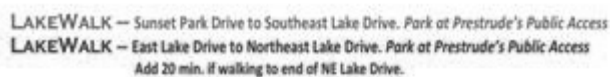
Seeking Members to Join LPA Director Team

We are seeking individuals to join our LPA director team. If you care about our lake and want to help plan, organize lake events, and inspire positive change, this may be the opportunity and special purpose you're looking for. Check out our website for our mission, goals and committees. Email your interest to directors@lakepoinsett.org.



Join us on Friday mornings at 9 a.m. for a one hour walk at different areas of Lake Drive. Each walk is approximately 2.5 miles long. If you prefer to go farther, go for it! ■

LAKEWALK — West Lake Drive to Prairie Quay Drive. Park at Sorenson's Public Access



June 25th, Lake Walk #2 – East Lake Dr. to Northeast Lake Dr. Park at Prestrude’s public access.

July 9th, Lake Walk #3 – Sunset Park Dr. to Southeast Lake Dr. Park at Prestrude’s public access.

July 23rd, Lake Walk #4 – West Lake Dr. to Prairie Quay
Dr. Park at Sorenson's public access



Celebrity Golf & Walleye Classic + Celebrity Crafted: Wine, Spirit & Brew Fest

Two days of fun and fundraising is planned during the 6th Annual Celebrity Golf & Walleye Classic June 11th – 12th at Lake Poinsett supporting the Boys & Girls Clubs of the Sioux Empire! Returning celebrity guests include Riley Reiff of the Cincinnati Bengals, MMA star Devin Clark and Mr. Universe finalist Austin Kjergaard. Join us for golf Friday, June 11th at Lake Region Golf Club with a shotgun start at noon. We'll take to the lake on Saturday, June 12th with the walleye tournament on Lake Poinsett followed by the celebrity after party at Lake Region Golf Club.

There is more to enjoy this year with new events at Arlington Beach Resort and the first annual Celebrity Classic Crafted: Wine, Spirit & BrewFest from 11:00am - 2:00pm at Lake Region. Celebrity Classic Crafted guests will enjoy unlimited tastings of wine, spirits and craft brews from area favorites like, Severance Brewing, Fernson Brewing Company, Woodgrain Brewing, Watertown Brewing Company, Dempsey's Brewing Company, Glacial Lakes Distillery, Schade Vineyard, Cask & Cork Distributing, Ellwein Distributing and Republic National Distributing Company. You'll go home with a commemorative tasting glass and have access to great silent auction, door prizes and raffles. Tickets are just \$25/person. Must be 21 or older to attend.

Find more details and tickets for events by visiting <https://www.bgcsiouxempire.org/events>. ■

LPA to Begin Water Quality (WQ) Monitoring on Lake Poinsett

One of the goals of the Lake Poinsett Association (LPA) is to watch for unhealthy watershed issues and work with the homeowners, local business and local and state governments to protect our lakes. The LPA has an opportunity to carry out water quality sampling under the South Dakota Department of Agriculture & Natural Resources (DANR) Watershed Protection Program. Trained volunteers will collect water samples of Lake Poinsett throughout the summer. The data we collect will be utilized by the state and placed on their website.

Is there a cost to test water quality? Yes, fees are approximately \$1400. A portion of these costs are generously covered for two years by East Dakota Water Development District of Brookings and the South Dakota Discovery Center in Pierre. After two years the Lake Poinsett Association (LPA) is fully responsible for funding this program.

Are Lake Albert and Dry Lake analyzed for water quality? Dry Lake is not assessed currently. Lake Albert has a standard level of testing by the DANR, with gap years of no testing. We hope to sample these lakes when more funding is available.

How does data collection and testing help us? Data provides a historical picture for future generations. Should a pollution event occur, this information may be helpful to acquire additional funding for water quality improvements.

What happens if our data shows impaired water? If the lake is identified as being impaired, it is included on the state's list of impaired and threatened waters. A report must be written by the state with a plan to reduce the identified nutrient/pollutant.

"In time we will learn what water quality issues face Lake Poinsett and how common they are. Our data will help water quality managers identify if significant pollution sources are present on the lake."

~Jesse Wilkens, Environmental Scientist,
DANR Watershed Protection Program

What nutrient/pollutants do we collect? Volunteers take water samples looking for seven lake nutrient/pollutants: Total Phosphorus, Total Kjeldahl Nitrogen, Nitrite/Nitrate, Chlorophyll-a, Ammonia, Algal Toxins, and E. coli. Some of these nutrients are natural occurring and beneficial nutrients needed for aquatic plants and animals to grow. However, even a small increase in these nutrients contributes to nuisance algae and plant growth.

What are the issues when phosphorus and soil erosion team up? Soil erosion is a major contributor of phosphorus overload in lakes. Phosphorus binds to soil and enters lakes as runoff. Home owners have replaced native plants and filtering wetlands with mowed lawns, riprap and retaining walls. Consequently, runoff carrying phosphorous has less chance of being filtered before reaching the water and adds to the phosphorus rich sediment buildup in the lake. Phosphorous feeds and grows algae.

How do these nutrients/pollutants impact the fishery? An overabundance of nutrients leads to excessive algae growth which becomes a blue-green algae bloom, which produces harmful toxins, foul odor and unappealing water. When the algae bloom dies and begins to decay, it depletes oxygen levels, causing a dead zone that negatively impacts fish and other aquatic life.

What are the primary sources of excessive nutrient/pollutants in lakes? Polluting sources include runoff from snowmelt and rainfall that carries animal waste from feedlots and fields; fertilized lawns; failing septic systems; dumping waste directly into drains, ditches, or sloughs that flow into the lake; wildlife that uses the water as their natural habitat (goose, ducks, and cattle.)

Why is testing vital? Excessive nutrients create the conditions for a toxic blue-green algae bloom. It's not a true algae or bacteria but it produces a toxin making people and animals sick. Contact with affected water can cause skin irritation, mild respiratory effects, tingling in fingers and toes, numbness in the lips, and hay fever-like symptoms. Ingesting toxins can cause vomiting, diarrhea, fever and headaches. We cannot tell if blue-green algae is toxic just by looking at it. Testing a sample will confirm its toxicity. Protect yourself by avoiding water that is discolored, or where foam or scum is present.

What if my family or my pets get sick from blue-green algae? Seek medical treatment immediately and

notify your doctor/veterinarian about the exposure. Doctors may not be familiar with the human health symptoms. Tell them you have been swimming in a lake.

Am I safe from blue-green algae if I don't swim near it? Contact with water not visibly affected by blue-green algae is not expected to cause health effects. Humans and pets should shower with clean water and soap after swimming in a lake.

What does E. coli testing reveal? Escherichia coli, commonly referred to as E. coli, is tested to determine whether a lake is suitable for swimming. E. coli is a bacteria that comes from human or animal waste. When E. coli exceeds the permissible level, it results in the closing of beaches for swimming and fishing.

Can fish be contaminated with E.coli? Because fish cold-blooded, E.coli is not found within their flesh. However, the water covering the fish could contain E.coli. Wash and cook fish thoroughly before eating and wash your hands after handling fish.

Thank you for supporting the Lake Poinsett Association in its efforts to monitor lake water!

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- Elevated levels of nitrate are common in groundwater in agricultural areas. Have your well tested once a year for bacteria, nitrates, and pH levels.
- In animals, toxin poisoning can cause weakness, staggering, difficulty in breathing, convulsions and death. If your pet walks through blue green algae on the shoreline, don't let it lick its paws; rinse your pet's feet as quickly as possible with clean water. ■

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Show Your Support for Lake Poinsett Association's Clean Water Mission!

By purchasing LPA's t-shirts, you help promote clean lake awareness and pride in our beautiful natural resource! It's up to each of us to make lake smart choices. Please call 520-5505 to order.
Adult Sizes: M - L - X L , \$15 each



2021 LPA CALENDAR

JUNE

June Newsletter

11th Lake Walk 9AM
West Lake Drive (Grapes Pt)

12th Coffee Chats with LPA
at Alsville 8:30-9:30AM

19th-20th Lake Wide
Rummage Sales Weekend

21st Lake Wide Clean-Up
Sponsored by Sanitary Dist.

25th Lake Walk 9AM
East Lake/Northeast Lake Dr.

JULY

July Newsletter

9th Lake Walk 9AM
Southeast Lake Drive

23rd Lake Walk 9AM
West Lake Drive (Hwy 81)

31st Happy Hour with LPA
4:30-5:30PM

AUGUST

7th Annual Meeting
Siouxland Bar & Grill 10AM

LAKE DIRECTORY DISTRIBUTION

This year's lake directory will be delivered in person by LPA directors starting Memorial Day weekend and continuing through the weekend of June 5-6. Directories will be mailed to members who were unavailable or request mail delivery. Please email directors@lakepoinsett.org if you have questions about delivery or did not receive your directory during the designated dates.