

**Welcome Our New
Park Manager**

**Benefits of Cleaning
Up Local Beaches**

**Lake Flies,
Good or Bad**

Lakeside

NEWSLETTER/MAY 2022



A publication for those who love a lake.

Letter from the LPA President

Welcome Back to the Lake!

We have been lucky enough to have a beautiful lake in our lives, and we know the feeling of its positive impact on our well-being. As the changing generations of families move in we imagine they'll experience it in the same way. But there's no guarantee of that. Our primary goal is to tackle the biggest health threat to our lake and that starts with checking its vitals, like a doctor would a patient.

Every summer volunteer water quality monitoring takes place nation-wide on lakes and streams and I'm proud we can share in that important task. Due to our motivated and committed water quality volunteer team we are expanding sampling sites to include Lake Albert and Dry Lake. This will result in a more comprehensive understanding of lake issues.

Another lake threat is zebra mussels. All lake homeowners please check submerged rocks and dock parts for small zebra mussels. Remind neighbors and friends who take their boats to other lakes to follow the three-step process for boat cleaning: Clean, Drain, Dry.

Our Pancake Breakfast has been cancelled, yes again! But we still want to meet you. Join us at the LPA Open House - pick up your Lake Directory and enjoy Coffee and Donuts on us. Memorial Weekend, Sunday, May 29th at ABR, the Boat House, 9 AM – 11 AM. People can still sign up to be a member and take home a Lake Directory.

Please support our events with your participation!

- Deb Eisenbeisz

Coffee Chat with an EXPERT: JAY GILBERTSON

Saturday, June 11th 8:30 AM – 9:30 AM
At Alsville Crossing on HWY 81

Grab a complimentary coffee and pastry. Its your Q & A hour with lake and river water quality expert, Jay Gilbertson of East Dakota Water Development District in Brookings, SD

- Learn why the Big Sioux was the 13th dirtiest river in the nation, and how that affects our lake level.

- How close is the threat of zebra mussels, and what's the health of our very own lake, hey he's the expert!

See you there! Please support your LPA Events.

Thank You to our 2022 Business Sponsors

The LPA is thankful for this year's business sponsors whose contributions help support our Water Quality Monitoring Program. This year we have expanded our water testing sites to include Lake Albert and Dry Lake. A clean and healthy lake is valued by all of us, and its water quality must be consistently tested to protect it.

- Ward's Shopping Center
- Woods Fuller
- Interim Healthcare
- The Bug Guy

You'll find our sponsors listed on LPA's website.

Please support these fine businesses; we recommend them! ■

Pancake Breakfast Cancelled

The breakfast held at the Methodist Church Camp has been cancelled again, due to covid concerns. Join us at the LPA Open House!

See our AD in this issue.

New Lake Homeowners

We have a neighborly *Welcome to the Lake Packet* for you. It includes information about Lake Poinsett and ways to protect this beautiful natural resource. Enjoy lake living, we're glad you're here!!

Do you have a new lake neighbor? Did they get a Welcome Packet? If not, email us at directors@lakepoinsett.org. Please share all about our organization with them.

Lakeside

NEWSLETTER/MAY 2022

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Tom Dempster, SE Lake Drive,
of his 5-year-old granddaughter,
Evie catching raindrops at the lake.



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LAKE POINSETT TRIVIA:

When did Lake Poinsett get its name?
(Answer on Back Cover)



2022 Lake Directories Ready To Go!

Please pick up your Lake Directory at the LPA Open House. You can also join or renew your LPA Membership at the LPA table.



OPEN HOUSE

Pick Up
Your
Lake
Directory

Enjoy
Coffee & Donuts

Memorial Day Weekend
Sunday, MAY 29th

9 AM - 11 AM

at ABR, The Boat House

Not a member? Come, sign up,
and take home a Lake Directory.



Notice of Public Hearing

Tuesday, May 10th 2022 at 11 AM, Hamlin County Court House, Hayti, SD.
 Hamlin County Commissioners will be adopting the Lake Park District Amendment (1st Reading). It includes many revised Zoning Ordinances affecting Lake Park District - the lake residents. This amendment contains a new ordinance - Chapter 5.39 PRIVATE CAMPGROUNDS - which lists the requirements a new campground must follow. There were no campground ordinances prior to this time. Those who oppose more campgrounds can change this ordinance to prohibit future campgrounds around the lakes. Note: this change would not affect the current campgrounds or their ability to expand. This does not affect land in Brookings and Kingsbury Counties.
 The public may attend this hearing and speak FOR or AGAINST any portion of the amendment. To make a difference make your voice be heard by attending, writing a letter, or emailing a response.
 Review the official amendment on the LPA website, or at the Hamlin County Courthouse - Auditor's Office, Hayti, SD. ■

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Be Lake Smart

MAY TIPS

There are preventable actions lake homeowners and visitors can do. Be in the know, read below.

Don't mow right down to the lakeshore.

By leaving a taller grass buffer strip at the edge of the shoreline, it helps slow pollutants from making their way into the water. Maintain a taller height of grass.

Cleanup dog droppings from the lawn and shoreline.

Never throw animal waste into the lake. Pet waste contains nutrients like phosphorus, harmful bacteria, and parasites. If not cleaned up properly, pet waste washes into the lake during rainstorms where it fuels algae growth.



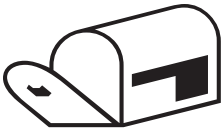
Beach Campfires - a Burning Question.

Burning branches, leaves, wood, etc. near shore and leaving the ash to be windblown, washed down by rain or waves would be like pouring fertilizer directly into the lake. Ash is high in phosphorous and nitrogen and damaging to the lake's ecology. You can still enjoy a campfire and be good lake stewards by removing all ash from the firepit. Also pick up extinguished firewood once it is cool so people don't trip over it the next day.



Call for Director Nominations

Show your commitment in shaping the future of your lake! Work on projects that help the lake community. Sign up yourself (absolutely go for it) or nominate another by July. Email your interest: directors@lakepoinsett.org

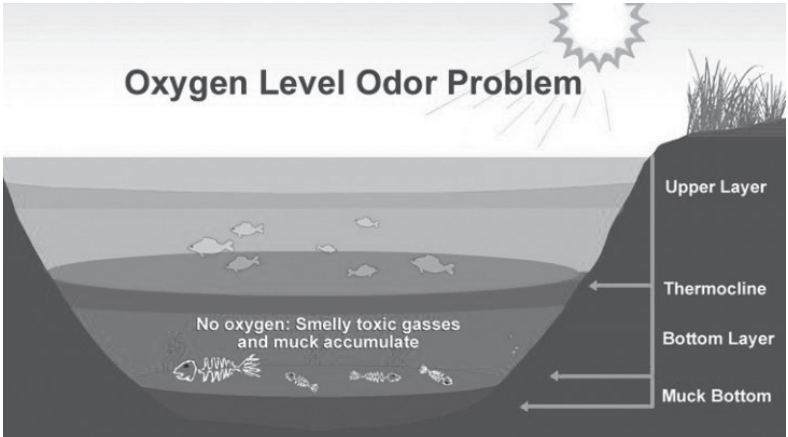


LPA MAILBOX

Is there a lake-related question you'd like an answer to? Email your question to directors@lakepoinsett.org and we'll investigate it.

Why Does the Lake Smell Bad?

When lakes smell bad, we notice. The noxious stench can prompt unfounded concerns of natural gas leaks. People recognize "rotten egg" smell, which is hydrogen sulfide (also known as H2S, sewer gas, swamp gas). It is a colorless gas known for its pungent "rotten egg" odor at low concentrations.



Source: <https://vertexaquaticsolutions.com/aeration-for-pond-lake-odors/>

Some people can detect it at very low levels while others may not smell it. Some people have greater sensitivities than others to the potential effects. Low concentrations may irritate the eyes, nose, throat, and respiratory system. Asthmatics may experience difficulty in breathing. Moderate concentrations can cause more severe eye and respiratory irritation, headache, dizziness, nausea, and vomiting. If side effects are felt — or if someone wants to get away from the annoying smell — they can go inside, close the windows, and turn on the air conditioner.

We smell it most when the lake turns over or mixes, which is when strong winds and large waves turn up decaying gunk along the bottom of a lake and carries it to the top. It happens once or twice a year. Usually, H2S tends to stay trapped in the bottom water layer of a lake until spring or fall turnover. With a turnover event, the smell can become detectable and typically goes away within a few weeks. Consider it just another sign of spring or fall. ■

*Welcome,
Our New Park Manager*

By Deb Eisenbeisz

Meet our lake partner, Isaac Rubendall, new park manager at the Lake Poinsett Recreation Area. I caught up with him for a few questions on how lake homeowners might use the State Park when they already enjoy a lakeview, swimming, and boating. Isaac explained:



"The park offers unique nature therapy that only this park can. Lake homeowners can walk the quiet wooded trails - fall, winter, spring, and summer. These paths wind through different habitats that support a variety of bird species. View flower gardens displayed around the park, visit the museum of Native American artifacts, and play 9-hole disc golf."

I asked Isaac, "When a lake homeowner's shoreline is dense with a blue-green algae bloom can they pack up everyone, come to the park, swim, and picnic?"

"Of course. And if your family reunion needs to spread out - bring them here. You can check out game items such as volleyballs, golf discs, horseshoes, basketballs, bocce ball, corn hole toss, (and snowshoes in winter). We have three comfort stations equipped with showers and bathrooms. On weekends children can participate in park programs. The cost of an annual park pass is \$36, or purchase a day pass for \$8 per car. Walking or bicycling into the park is still free."

Isaac has worked at Good Earth State Park, Newton Hills State Park, and Oakwood State Park. Initially he pursued a degree in Criminal Justice at Wayne State College, NE. After two years he switched his studies to Park Management/Conservation Planning and completed his degree at SDSU in Brookings. He has been busy organizing and working on projects for this summer's campers. For Isaac, the outdoors has always been his passion and helping others experience the joy of being outdoors.

Contact the park office: 605-983-5085, or email LakePoinsett@state.sd.us. ■

Benefits Of Cleaning Up Local Beaches

Nothing ruins a prime stretch of sand faster than a rusted can, 17 plastic bottle tops, 8 cigarette butts, a tangle of fishing line, and a pile of unidentified plastic and Styrofoam bits. If you go to the beach nearly anywhere in the world, you'll find evidence of humanity washing up.

1. You preserve our natural treasure.

Beaches are diverse, natural treasures that are here for all of us to explore and enjoy together. By cleaning up the beach, you ensure that visitors from all over can enjoy your beaches fully.

2. You create a safer environment.

Litter isn't just unsightly, but it can actually be dangerous. Metal with sharp edges and pieces of glass can create a public health hazard just as much as an aesthetic one. These sharp pieces of litter can easily hide in sand and cause serious injuries! If you see items like this, be extra cautious when picking them up so not to injure yourself.



3. You get to be outside.

Sand between your toes, sunshine beaming down on you, and a fresh breeze is our idea of a good time! One of the best things about beach cleanups is that you get to be outside, see all the natural beauty of the lake and spend your time doing something wonderful in nature!

4. You meet new people

Picking up litter isn't something everyone does, so you're bound to attract a little bit of attention! People will want to talk to you about what you're doing and maybe even get involved! Cleaning up your local beach means meeting lots of new people.

5. You get some good exercise.

Walking on the beach is actually better for you than walking on paved, flat surfaces, as the sand makes it a little more challenging to move. You burn more calories, engage your stabilizing muscles more, and even improve your coordination.

6. Volunteer because you love your lake!

Commit to independently pick up trash on the beach all summer long. ■

Beach Trash Bash

Saturday, May 21,

9-11 AM

(Rain date May 22)

Litter is a sore spot when visiting a beach, especially when its

our lake.

• Meet at the Prestrude's Lake Access at 9 AM.

• Trash bags and gloves will be supplied. Bring your own rake or shovel, optional.

• We'll clean each public beach: Prestrude, Hammer's Beach, Saaranen, and Sorenson.

• After the cleanup join us for juice and donuts.

The LPA is a proud sponsor of SD GFP's

Adopt-A-Lake program. ■



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Lake Flies - Good or Bad Bug?

FACT #1

The Chironomid Midge, a.k.a. Blind Mosquito, Lake Fly, or Non-Biting Aquatic Midge looks like a mosquito. Their presence may be annoying to humans, but Lake Flies play an important role in our lake's ecosystem. They serve as an easy food source for fish, birds, spiders, and other wildlife.

FACT #2

What triggers a Lake Fly hatch? Water temperature is the most important factor in determining when hatches occur, usually between April to September.

FACT #3

Females deposit eggs in the water. These hatch and live at the lake bottom as larvae, finally emerging as adults they swarm at night to mate. They do not feed and only live for about 3 to 5 days. They truly do exemplify the phrase, "live fast, die young."

FACT #4

Outdoor activities are often disrupted with swarms of lake flies, some being inhaled or flying into the mouth, eyes, and ears. Accumulations of dead midges have a smell similar to dead fish.

FACT #5

Scientists indicate the larva is often used as an indicator species to measure the health of water. Larvae "clean" the aquatic environment by consuming and recycling organic debris. Large larval populations usually occur in nutrient rich habitats. A nutrient-rich muffin is healthy, but a "Nutrient Rich" lake is not.

FACT #6

In recent years larval and adult Chironomidae have been implicated in causing human allergic reactions: like asthma, rhinitis, and conjunctivitis. ■



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2022 LPA EVENTS

MAY **21st Beach Trash Bash** 9 – 11 AM
29th LPA Open House &
Directory Pick-up, 9 – 11 AM

JUNE **11th Coffee Chat with an Expert:**
Jay Gilbertson,
8:30 – 9:30 AM at Alsville Crossing
17-18th Lake Wide Rummage Sales
Week of 20th Lake Wide
Garbage Clean-up

JULY **16th Healthy Lake 5K Walk**, 9 AM
Meet at Prestrude's Public Lake Access

AUGUST **6th Annual Meeting at ABR**,
9 - 10 AM

SEPT. **10th Beach Trash Bash**, 9 - 11AM
Meet at Prestrude's Public Lake Access

Owner Abbey Taubert, NW Lake Dr

Rue is a 5-year-old Westie who LOVES swimming, paddleboarding and laying out in the sun. With her life jacket on she's always safe on the boat or in the water. Woof!

LAKE TRIVIA ANSWER: 1838, in honor of then Secretary of War, Joel R. Poinsett (a.k.a. the man who introduced America to the "Poinsettia Plant" from Mexico. Yes, this plant was named after him!

DISCLAIMER: The LPA's newsletter is provided by dedicated volunteers as a service to our readers. Information is compiled from many sources and assumes no responsibility or liability for errors or omissions. While we work to provide the most correct and timely information, there are no guarantees of completeness or accuracy.

